

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2111	Stanski, Luca	MSC Herten	00:32.72		00:32.32		01:05.04	30
2	4425	Enthof, Jan	MSC Bergstadt Rütthen	00:32.92		00:32.67		01:05.59	27
3	1617	Karamitsios, Evangelos	Hagener AC 05	00:32.79		00:32.87		01:05.66	24
4	5412	Winkler, Timo	AJT des AC Lüdenscheid /	00:33.39		00:32.46		01:05.85	22
5	2014	Brummel, Marius	MFC Auf dem Schnee Herd	00:33.25		00:32.80		01:06.05	20
6	2117	Schmidt, Niklas	MSC Herten	00:33.07		00:33.25		01:06.32	18
7	3840	Schmidt, Nico	AMC Waltrop	00:34.07		00:33.52		01:07.59	16
8	1613	Seeland, Arne Luca	Hagener AC 05	00:33.92		00:33.84		01:07.76	14
9	4817	Daners, Nils	MSC Soester Börde	00:33.23	2	00:33.02		01:08.25	13
10	715	Lasnig, Timo	MSC Ruhr-Blitz Bochum	00:34.66		00:34.33		01:08.99	12
11	4407	Holtey, Marvin	MSC Bergstadt Rütthen	00:34.64		00:34.50		01:09.14	11
12	2115	Wulhorst, Tim	MSC Herten	00:34.85		00:34.35		01:09.20	10
13	2618	Dec, Markus	AMSC Marl-Hüls	00:33.86	2	00:33.77		01:09.63	9
14	736	Bergforth, Rico	MSC Ruhr-Blitz Bochum	00:34.29	2	00:34.06		01:10.35	8
15	4002	Enste, Alexander	MSF Warstein	00:35.66		00:34.95		01:10.61	7
16	1709	Pfeiffer, Maurice Gerrit	RC Haltern	00:33.94		00:34.82	2	01:10.76	6
17	3821	Reit, Vivien-Michele	AMC Waltrop	00:35.49	2	00:34.79		01:12.28	5
18	8701	Flender, Jonathan	AMC Schwelm	00:34.49	2	00:34.00	2	01:12.49	4
19	4014	Fink, Kevin	MSF Warstein	00:35.09	4	00:35.36		01:14.45	3
20	4016	Hösler, Marvin	MSF Warstein	00:36.66		00:36.47	2	01:15.13	2
21	8707	Kalthoff, Julian	AMC Schwelm	00:36.30	2	00:33.73	4	01:16.03	1
22	5406	Niklas, Jan Philipp	AJT des AC Lüdenscheid /	00:36.80		00:36.41	6	01:19.21	1
23	4006	Fink, Sarah Michelle	MSF Warstein	00:39.75		00:39.73		01:19.48	1
24	2108	Philipp, Jonah	MSC Herten	00:36.20		00:42.32	2	01:20.52	1
25	4432	Mangold, Pia	MSC Bergstadt Rütthen	00:40.88		00:40.46		01:21.34	1
26	4834	Schröder, Justin	MSC Soester Börde	00:39.37	4	00:38.05		01:21.42	1
27	4205	Kitzig, Alexander	MSC Helle	00:36.33	8	00:35.30	2	01:21.63	1
28	4602	Kaiser, Niklas	AMC Hamm	00:36.91	10	00:36.91	2	01:25.82	1

Zeitnahme:
Auswertung: B.Treek

Schnellster Lauf: 00:32.32
(Stanski, Luca - 1 / 2111)