

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3901	Litsch, Jan-Luca	AC Warendorf	00:31.51		00:32.57		01:04.08	30
2	3949	Strotmann, Leonie	AC Warendorf	00:31.00	2	00:32.34		01:05.34	27
3	505	Epp, Daniel	MSC Beckum	00:31.93		00:33.64		01:05.57	24
4	528	Dirkschnieder, Daniel	MSC Beckum	00:32.52		00:33.06		01:05.58	22
5	3929	Hahnfeld, Leon	AC Warendorf	00:32.02		00:34.26		01:06.28	20
6	3033	Klingbeil, Max	AC Oelde	00:32.50		00:33.81		01:06.31	18
7	1816	Schlie, Marvin	MSC Harsewinkel	00:33.31		00:33.21		01:06.52	16
8	1406	Alexi, Jan	MSV Dulmania	00:33.13		00:33.91		01:07.04	14
9	3034	Schmidt, Marvin	AC Oelde	00:33.71		00:33.33		01:07.04	13
10	3933	Tiggi, Marvin	AC Warendorf	00:33.67		00:34.39		01:08.06	12
11	321	Gerhardus, Nuria	AC Ascheberg	00:34.17		00:34.00		01:08.17	11
12	316	Piel, Yannik	AC Ascheberg	00:31.69		00:33.14	4	01:08.83	10
13	305	Offer, Till	AC Ascheberg	00:33.83		00:35.13		01:08.96	9
14	1411	Brinkmann, Maurice	MSV Dulmania	00:32.69		00:32.49	4	01:09.18	8
15	818	Kühl, Kelvin	MSC Bork	00:32.99		00:32.88	4	01:09.87	7
16	3908	Wiedemann, Milan	AC Warendorf	00:32.31	2	00:31.80	4	01:10.11	6
17	1919	Kurz, Sebastian	MSC Heeren-Werve	00:34.26		00:36.03		01:10.29	5
18	1403	Thünnemann, Marius	MSV Dulmania	00:33.08		00:33.28	4	01:10.36	4
19	303	Weustenhagen, Marius	AC Ascheberg	00:33.05	2	00:33.74	2	01:10.79	3
20	1965	Lagoda, Phillipp	MSC Heeren-Werve	00:32.32	2	00:32.85	4	01:11.17	2
21	2503	Kreutzer, Jay	AMSC Lüdinghausen	00:33.33		00:33.96	4	01:11.29	1
22	814	Hähnel, Fabian	MSC Bork	00:33.92		00:35.67	2	01:11.59	1
23	5024	Althaus, Wilhelm	MSC Holzwickede	00:35.13	2	00:34.67		01:11.80	1
24	2529	Schwenke, Jara	AMSC Lüdinghausen	00:34.31	2	00:36.23		01:12.54	1
25	2205	Huckenheimer, Alexander	AMC Ibbenbüren	00:33.94		00:35.21	4	01:13.15	1
26	2510	Kock, Klara	AMSC Lüdinghausen	00:35.60		00:35.62	2	01:13.22	1
27	1811	Juncker, René	MSC Harsewinkel	00:34.11	2	00:33.34	4	01:13.45	1
28	5001	Jauer, Lennart Martin	MSC Holzwickede	00:36.20	2	00:35.52		01:13.72	1
29	2522	Graf, Saskia	AMSC Lüdinghausen	00:37.57		00:36.31		01:13.88	1
30	1416	Korn, Alexander	MSV Dulmania	00:33.30	8	00:33.87		01:15.17	1
31	2509	Krebber, Anna Lena	AMSC Lüdinghausen	00:34.57	4	00:34.87	2	01:15.44	1
32	516	Rüschhoff, Jonathan	MSC Beckum	00:35.05	2	00:35.39	4	01:16.44	1
33	867	Wirkowski, Andre	MSC Bork	00:35.29	4	00:34.87	4	01:18.16	1
34	4105	Fleske, Fabian	MSC Westerkappeln	00:39.04	2	00:40.12		01:21.16	1
35	2521	Kestermann, Tim	AMSC Lüdinghausen	00:40.66		00:37.87	8	01:26.53	1
36	5009	Jasbetz, Nils Alexander	MSC Holzwickede	00:33.68	6	00:35.32	12	01:27.00	1

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
37	864	Henke, Jan-David	MSC Bork	00:38.22	8	00:43.21	2	01:31.43	1
38	4102	Cord, Sebastian	MSC Westerkappeln	00:37.89	4	00:47.05	4	01:32.94	1
39	869	Wirkowski, Michelle	MSC Bork	00:38.16	4	00:41.88	20	01:44.04	1

Zeitnahme: MSC Holzwickede
 Auswertung: Zeit.Team Trohl

Schnellster Lauf: 00:31.51
 (Litsch, Jan-Luca - 1 / 3901)