

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1006	Saar, Lukas	AMC Burbach	00:35.24	2	00:36.30		01:13.54	30
2	1013	Berg, Maximilian	AMC Burbach	00:36.52		00:37.05		01:13.57	27
3	3107	Schüttler, Niclas	MSC Oenetal	00:36.90		00:37.77		01:14.67	24
4	606	Koch, Tanja	AMC Wittgenstein Bad Berli	00:37.50		00:37.28		01:14.78	22
5	3411	Springob, Jan-Philipp	Olper AC	00:37.38	2	00:38.57		01:17.95	20
6	3127	Blaschke, Justin	MSC Oenetal	00:36.70	2	00:37.52	2	01:18.22	18
7	3403	Schulte, Marvin	Olper AC	00:37.59	2	00:39.03		01:18.62	16
8	3605	Kallweit, Mika	OC Siegerland-Nord	00:38.86		00:38.58	2	01:19.44	14
9	4314	Klappert, Nico	AC Hohenseelbachskopf	00:38.59	2	00:37.80	2	01:20.39	13
10	912	van Dijk, Jana	Briloner AC	00:41.60		00:39.88		01:21.48	12
11	3501	Koch, Michael	MSC Schmallenberg	00:38.26	2	00:37.79	6	01:24.05	11
12	1211	Effey, Tobias	MSF Cobbenrode	00:37.56	6	00:38.64	2	01:24.20	10
13	3102	Sauer, Nils	MSC Oenetal	00:38.70	6	00:38.12	2	01:24.82	9
14	3606	Piontek, Linda	OC Siegerland-Nord	00:40.51	2	00:42.41		01:24.92	8
15	4914	Lo Bello, Federico	Kiersper RC	00:40.57	2	00:41.58	2	01:26.15	7
16	2911	Lanzillotta, Fabrizio	AMC Obernau	00:39.57	4	00:41.94	2	01:27.51	6
17	4501	Neuhaus, Alexander	MSC Süd Sauerland	00:38.32	2	00:37.36	10	01:27.68	5
18	410	Voß, Nico	MSC Lennetal-Bamenohl	00:41.06	6	00:41.27		01:28.33	4
19	913	van Dijk, Eileen	Briloner AC	00:42.02	2	00:42.70	2	01:28.72	3
20	4517	Lauer, Lena Marie	MSC Süd Sauerland	00:37.00	6	00:43.98	2	01:28.98	2
21	617	Fuchs, Kevin	AMC Wittgenstein Bad Berli	00:37.68	12	00:38.65	2	01:30.33	1
22	4909	Büchel, Maurice	Kiersper RC	00:42.06	4	00:43.54	2	01:31.60	1
23	2816	Fick, Markus	MSF Netphen	00:38.79	4	00:36.95	12	01:31.74	1
24	3619	Schönfelder, Maximilian	OC Siegerland-Nord	00:37.79	8	00:38.29	8	01:32.08	1
25	3517	Niederstraßer, David	MSC Schmallenberg	00:43.42	6	00:39.06	6	01:34.48	1
26	4910	Hallmann, Leon	Kiersper RC	00:39.51	12	00:42.61	2	01:36.12	1
27	3106	Runge, André	MSC Oenetal	00:42.80	6	00:43.39	4	01:36.19	1
28	2908	Hofmann, Nick	AMC Obernau	00:41.83	6	00:43.71	10	01:41.54	1
29	409	Rapp, Enrique	MSC Lennetal-Bamenohl	00:42.59	28	00:40.03	16	02:06.62	1
30	406	Di Marco, Salvatore	MSC Lennetal-Bamenohl	00:46.55	38	00:46.54	24	02:35.09	1

Zeitnahme: Nino Müns
Auswertung: Malte Müns

Schnellster Lauf: 00:36.30
(Saar, Lukas - 1 / 1006)