

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3924	Niemeyer, Paul	AC Warendorf	00:28.17		00:27.47		00:55.64	30
2	3023	Windhövel, Maximilian	AC Oelde	00:28.13		00:28.68		00:56.81	27
3	2208	Krutsch, Nadja	AMC Ibbenbüren	00:28.95		00:28.33		00:57.28	24
4	1827	Oubina-Hens, Enrique	MSC Harsewinkel	00:28.95		00:28.56		00:57.51	22
5	1813	Block, Jan-Nicklas	MSC Harsewinkel	00:28.69		00:28.86		00:57.55	20
6	3008	Grundkötter, Tobias	AC Oelde	00:28.47		00:29.09		00:57.56	18
7	1801	Aistermann, Marvin	MSC Harsewinkel	00:29.01		00:28.58		00:57.59	16
8	1926	Krück, Rene	MSC Heeren-Werve	00:29.00		00:28.75		00:57.75	14
9	3031	Hellweg, Luca	AC Oelde	00:29.06		00:28.80		00:57.86	13
10	3918	Optenhövel, Alina	AC Warendorf	00:28.53		00:29.42		00:57.95	12
11	4119	Molano, Lara	MSC Westerkappeln	00:28.90		00:29.09		00:57.99	11
12	3930	Erlekamp, Nick	AC Warendorf	00:28.45	2	00:27.99		00:58.44	10
13	1423	Gross, Julian	MSV Dulmania	00:29.69		00:28.86		00:58.55	9
14	2215	Krutsch, Dennis	AMC Ibbenbüren	00:28.32		00:28.29	2	00:58.61	8
15	3926	Laudon, Maximilian	AC Warendorf	00:29.71		00:29.50		00:59.21	7
16	3948	Strotmann, Jonas	AC Warendorf	00:27.91	2	00:27.36	2	00:59.27	6
17	1810	Lippert, Anna-Lena	MSC Harsewinkel	00:30.31		00:30.25		01:00.56	5
18	3016	Nordmeyer, Niels	AC Oelde	00:29.93		00:30.66		01:00.59	4
19	3913	Hartmann, Marco	AC Warendorf	00:29.23		00:29.63	2	01:00.86	3
20	508	Hnida, Joshua	MSC Beckum	00:30.33		00:30.70		01:01.03	2
21	1955	Bühren, Jonas	MSC Heeren-Werve	00:30.03	2	00:29.14		01:01.17	1
22	1929	Störmer, Janette	MSC Heeren-Werve	00:29.74	2	00:29.69		01:01.43	1
23	4108	Henkemeier, Hannes	MSC Westerkappeln	00:30.20		00:29.67	2	01:01.87	1
24	2511	Schmidt, Henrik	AMSC Lüdinghausen	00:31.12		00:30.82		01:01.94	1
25	3012	Ilgen, Justin	AC Oelde	00:29.05	4	00:29.02		01:02.07	1
26	1818	Schicketanz, Ole	MSC Harsewinkel	00:29.16	4	00:29.01		01:02.17	1
27	2217	Klostermeyer, Oliver	AMC Ibbenbüren	00:29.99		00:30.26	2	01:02.25	1
28	311	Piel, Sofia	AC Ascheberg	00:31.44		00:31.10		01:02.54	1
29	1420	Alexi, Lena	MSV Dulmania	00:30.11	2	00:30.71		01:02.82	1
30	320	Dinkheller, Jonas	AC Ascheberg	00:29.81	4	00:29.36		01:03.17	1
31	3018	Rüße, Louis	AC Oelde	00:30.73	4	00:30.03		01:04.76	1
32	1803	Bolte, Anna-Lena	MSC Harsewinkel	00:30.31	4	00:30.47		01:04.78	1
33	3912	Kletke, Liza Noel	AC Warendorf	00:33.06		00:31.77		01:04.83	1
34	307	Blass, Norman	AC Ascheberg	00:33.31		00:31.96		01:05.27	1
35	515	Vogel, Hendrik	MSC Beckum	00:31.91		00:31.60	2	01:05.51	1
36	5021	Leitmann, Eileen	MSC Holzwickede	00:32.94		00:32.61		01:05.55	1

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
37	5008	Borghardt, Paul Luca	MSC Holzwickede	00:31.88		00:32.02	2	01:05.90	1
38	871	Basenau, Melina	MSC Bork	00:30.02	2	00:31.97	4	01:07.99	1
39	3909	Kletke, Kea Sherin	AC Warendorf	00:31.80	6	00:32.37		01:10.17	1
40	4106	Höptner, Moritz	MSC Westerkappeln	00:30.71	12	00:30.70		01:13.41	1
41	824	Kajtazi, Benjamin	MSC Bork	00:31.15	6	00:29.59	10	01:16.74	1
42	304	Klatetzki, Kevin	AC Ascheberg	00:39.07	2	00:36.24		01:17.31	1
43	301	Ante, Léon	AC Ascheberg	00:33.96	10	00:33.77		01:17.73	1
44	859	Schmedt, Robin	MSC Bork	00:31.41	12	00:31.06	4	01:18.47	1

Zeitnahme: MSC Heeren Werve
 Auswertung: Zeitnahme Team MSC

Schnellster Lauf: 00:27.47
 (Niemeyer, Paul - 1 / 3924)