

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1026	Thanabalasingam, Janujan	AMC Burbach	00:34.65		00:35.50		01:10.15	30
2	2922	Heupel, Franziska	AMC Oberruhr	00:35.07		00:35.33		01:10.40	27
3	601	Biegler, Jens	AMC Wittgenstein Bad Berli	00:35.68		00:34.84		01:10.52	24
4	4509	Laux, Carolin	MSC Süd Sauerland	00:35.32		00:35.74		01:11.06	22
5	425	Schmidt, Andre	MSC Lennetal-Bamenohl	00:35.40		00:35.69		01:11.09	20
6	3708	McBride, Jan	MSC Oberruhr Velmede	00:35.47		00:35.98		01:11.45	18
7	4513	Dumke, Patricia	MSC Süd Sauerland	00:36.05		00:35.48		01:11.53	16
8	3726	Böckmann, Leon	MSC Oberruhr Velmede	00:36.31		00:36.23		01:12.54	14
9	1016	Obenlüneschloß, Sabrina	AMC Burbach	00:36.16		00:37.35		01:13.51	13
10	418	Rademacher, Tobias	MSC Lennetal-Bamenohl	00:36.08	2	00:35.48		01:13.56	12
11	3512	Mache, Brian	MSC Schmallenberg	00:36.64		00:37.13		01:13.77	11
12	4908	Meier, René	Kiersper RC	00:37.12		00:37.48		01:14.60	10
13	3518	Heikel, Justin	MSC Schmallenberg	00:37.19		00:37.99		01:15.18	9
14	4316	Puche, Jan	AC Hohenseelbachkopf	00:35.90		00:37.43	2	01:15.33	8
15	1015	Kretzer, Alicia	AMC Burbach	00:38.25		00:37.94		01:16.19	7
16	2818	Fick, Alexander	MSF Netphen	00:35.98	2	00:35.78	4	01:17.76	6
17	405	Wilmes, Andre	MSC Lennetal-Bamenohl	00:39.17		00:40.51		01:19.68	5
18	4903	Kowalski, Konstantin	Kiersper RC	00:36.11	8	00:35.79		01:19.90	4
19	5305	Bertellmann, Tobias	MSC Siegerland	00:36.40	4	00:37.83	2	01:20.23	3
20	3530	Derouiche, Dennis-Ali	MSC Schmallenberg	00:38.34	2	00:39.55	2	01:21.89	2
21	4306	Kersten, Dustin	AC Hohenseelbachkopf	00:35.91	4	00:37.41	8	01:25.32	1

Zeitnahme: Lothar Kasper
 Auswertung: Harald Zawdski

Schnellster Lauf: 00:34.65
 (Thanabalasingam, Janujan - 1 / 1026)