

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4508	Dumke, Timo	MSC Süd Sauerland	00:30.01		00:30.37		01:00.38	30
2	4516	Maas, Marc-Pascal	MSC Süd Sauerland	00:30.40		00:30.62		01:01.02	27
3	3123	Bischopink, Alexander	MSC Oenetal	00:30.84		00:30.76		01:01.60	24
4	4502	Laux, Fabian	MSC Süd Sauerland	00:31.15		00:30.66		01:01.81	22
5	4309	Grunewald, Nico	AC Hohenseelbachkopf	00:31.09		00:30.88		01:01.97	20
6	4915	Lo Bello, Francesco	Kiersper RC	00:31.16		00:31.02		01:02.18	18
7	4511	Peuser, Shareen	MSC Süd Sauerland	00:30.04		00:30.23	2	01:02.27	16
8	901	Gross, Jan	Briloner AC	00:31.30		00:31.01		01:02.31	14
9	1001	Eckhardt, Lorenz	AMC Burbach	00:30.96		00:31.51		01:02.47	13
10	903	Günther, Jannik	Briloner AC	00:31.35		00:31.32		01:02.67	12
11	604	Kuhmichel, Lea-Marie	AMC Wittgenstein Bad Berli	00:31.73		00:31.13		01:02.86	11
12	4920	Schwarzkopf, Rudolf	Kiersper RC	00:31.82		00:31.37		01:03.19	10
13	1029	Obenlüneschloß, Robin	AMC Burbach	00:31.63		00:31.62		01:03.25	9
14	613	Fuchs, Katja	AMC Wittgenstein Bad Berli	00:32.01		00:31.82		01:03.83	8
15	426	Brandt, Johan	MSC Lennetal-Bameno	00:31.35	2	00:30.51		01:03.86	7
16	3415	Verbücheln, Nico	Olper AC	00:31.65		00:32.23		01:03.88	6
17	2904	Schelhas, Vera	AMC Obernau	00:31.41		00:30.57	2	01:03.98	5
18	5311	Pizzurro, Alessandro	MSC Siegerland	00:32.16		00:31.82		01:03.98	4
19	3408	Alba, Sandro	Olper AC	00:32.48		00:31.55		01:04.03	3
20	3714	Smorra, Gina-Maria	MSC Oberruhr Velmede	00:32.13		00:31.93		01:04.06	2
21	3724	Bunte, Jannik	MSC Oberruhr Velmede	00:32.05		00:32.02		01:04.07	1
22	5302	Diehl, Jannik	MSC Siegerland	00:32.55		00:31.79		01:04.34	1
23	902	Becker, Leon	Briloner AC	00:32.63		00:31.96		01:04.59	1
24	4916	Fischer, Jacques	Kiersper RC	00:33.30		00:32.18		01:05.48	1
25	3409	Bauer, Maximilian	Olper AC	00:31.23	2	00:30.82	2	01:06.05	1
26	2802	Baumhoff, Nils	MSF Netphen	00:32.97		00:33.30		01:06.27	1
27	4906	Müller, Elina	Kiersper RC	00:32.08	2	00:32.49		01:06.57	1
28	909	van Dijk, Yannick-Bastiaan	Briloner AC	00:31.83	2	00:31.69	2	01:07.52	1
29	3101	Sauer, Lars	MSC Oenetal	00:33.44		00:32.18	2	01:07.62	1
30	407	Hesse, David	MSC Lennetal-Bameno	00:34.57		00:33.21		01:07.78	1
31	4901	Billhardt, Dennis	Kiersper RC	00:33.10	6	00:31.52	2	01:12.62	1
32	5303	Giordano, Nino	MSC Siegerland	00:32.69	4	00:32.38	4	01:13.07	1
33	404	Müller, Andre	MSC Lennetal-Bameno	00:32.52	8	00:32.72	4	01:17.24	1
34	3414	Vogel, Lars	Olper AC	00:34.18	10	00:31.84	2	01:18.02	1
35	5308	Mittelbach, Joshua	MSC Siegerland	00:31.09	2	00:32.65	16	01:21.74	1
36	3412	Schmidt, Jan-Niklas	Olper AC	00:33.01	20	00:34.74	12	01:39.75	1

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
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Zeitnahme: Susanne Peuser
Auswertung: Michael Peuser

Schnellster Lauf: 00:30.01
(Dumke, Timo - 1 / 4508)