

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1955	Bühren, Jonas	MSC Heeren-Werve	00:31.37		00:30.68		01:02.05	30
2	3918	Optenhövel, Alina	AC Warendorf	00:30.43		00:31.68	2	01:04.11	27
3	3924	Niemeyer, Paul	AC Warendorf	00:31.22	2	00:30.90		01:04.12	24
4	3031	Hellweg, Luca	AC Oelde	00:30.83		00:31.75	2	01:04.58	22
5	3018	Rüße, Louis	AC Oelde	00:31.91		00:32.84		01:04.75	20
6	4119	Molano, Lara	MSC Westerkappeln	00:31.06	4	00:30.47		01:05.53	18
7	1813	Block, Jan-Niklas	MSC Harsewinkel	00:30.55		00:33.06	2	01:05.61	16
8	2215	Krutsch, Dennis	AMC Ibbenbüren	00:32.32		00:33.52		01:05.84	14
9	3008	Grundkötter, Tobias	AC Oelde	00:31.66	2	00:30.49	2	01:06.15	13
10	2208	Krutsch, Nadja	AMC Ibbenbüren	00:33.89		00:32.28		01:06.17	12
11	1801	Aistermann, Marvin	MSC Harsewinkel	00:31.84	2	00:32.48		01:06.32	11
12	4108	Henkemeier, Hannes	MSC Westerkappeln	00:33.38		00:31.67	2	01:07.05	10
13	824	Kajtazi, Benjamin	MSC Bork	00:33.34	2	00:31.93		01:07.27	9
14	1827	Oubina-Hens, Enrique	MSC Harsewinkel	00:31.73	2	00:31.77	2	01:07.50	8
15	3023	Windhövel, Maximilian	AC Oelde	00:31.31		00:32.20	4	01:07.51	7
16	1929	Störmer, Janette	MSC Heeren-Werve	00:32.24		00:31.30	4	01:07.54	6
17	3948	Strotmann, Jonas	AC Warendorf	00:31.57	6	00:30.10		01:07.67	5
18	831	Lobe, Nico Sebastian	MSC Bork	00:32.15		00:33.65	2	01:07.80	4
19	1423	Gross, Julian	MSV Dulmania	00:32.13		00:31.77	4	01:07.90	3
20	859	Schmedt, Robin	MSC Bork	00:32.82		00:33.17	2	01:07.99	2
21	2511	Schmidt, Henrik	AMSC Lüdinghausen	00:33.74		00:34.52		01:08.26	1
22	508	Hnida, Joshua	MSC Beckum	00:34.26	2	00:32.27		01:08.53	1
23	307	Blass, Norman	AC Ascheberg	00:33.75		00:32.82	2	01:08.57	1
24	3012	Ilgen, Justin	AC Oelde	00:33.78	2	00:31.20	2	01:08.98	1
25	509	Dulisch, Phillipp	MSC Beckum	00:35.02	2	00:31.97		01:08.99	1
26	320	Dinkheller, Jonas	AC Ascheberg	00:31.35	6	00:31.86		01:09.21	1
27	1420	Alexi, Lena	MSV Dulmania	00:34.59	2	00:32.85		01:09.44	1
28	3930	Erlekamp, Nick	AC Warendorf	00:31.31	2	00:32.18	4	01:09.49	1
29	3913	Hartmann, Marco	AC Warendorf	00:33.49	4	00:32.99		01:10.48	1
30	515	Vogel, Hendrik	MSC Beckum	00:34.00	2	00:34.63		01:10.63	1
31	3016	Nordmeyer, Niels	AC Oelde	00:32.82	6	00:32.21		01:11.03	1
32	5008	Borghardt, Paul Luca	MSC Holzwickede	00:32.53	2	00:36.66		01:11.19	1
33	1926	Krück, Rene	MSC Heeren-Werve	00:31.07	4	00:32.26	4	01:11.33	1
34	4106	Höptner, Moritz	MSC Westerkappeln	00:32.18		00:36.69	4	01:12.87	1
35	2217	Klostermeyer, Oliver	AMC Ibbenbüren	00:33.78	4	00:33.27	2	01:13.05	1
36	3926	Laudon, Maximilian	AC Warendorf	00:31.69	2	00:34.16	6	01:13.85	1

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
37	3032	Ackfeld, Niklas	AC Oelde	00:34.24		00:35.49	6	01:15.73	1
38	3912	Kletke, Liza Noel	AC Warendorf	00:35.48		00:37.27	4	01:16.75	1
39	1810	Lippert, Anna-Lena	MSC Harsewinkel	00:33.01	2	00:36.72	6	01:17.73	1
40	3909	Kletke, Kea Sherin	AC Warendorf	00:37.86	4	00:34.58	2	01:18.44	1
41	1803	Bolte, Anna-Lena	MSC Harsewinkel	00:34.15		00:38.03	12	01:24.18	1
42	871	Basenau, Melina	MSC Bork	00:33.54	6	00:33.03	12	01:24.57	1
43	2515	Nettlenbusch, Anna	AMSC Lüdinghausen	00:32.24	14	00:32.91	8	01:27.15	1
44	5020	Gronemeyer, Robin	MSC Holzwickede	00:34.35	14	00:32.82	6	01:27.17	1
45	301	Ante, Léon	AC Ascheberg	00:37.18	12	00:35.72	4	01:28.90	1
46	3039	Lieckenbröcker, Tobias	AC Oelde	00:33.83	16	00:34.27	6	01:30.10	1
47	2504	Harlake, Luca	AMSC Lüdinghausen	00:35.19	12	00:35.05	8	01:30.24	1

Zeitnahme: MSC Bork
Auswertung: Trohl 'is

Schnellster Lauf: 00:30.10
(Strotmann, Jonas - 17 / 3948)