

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1822	Schlie, Phil	MSC Harsewinkel	00:37.87		00:37.91		01:15.78	30
2	3948	Strotmann, Jonas	AC Warendorf	00:38.25		00:38.10		01:16.35	27
3	1813	Block, Jan-Nicklas	MSC Harsewinkel	00:38.68		00:38.10		01:16.78	24
4	3008	Grundkötter, Tobias	AC Oelde	00:39.19		00:38.33		01:17.52	22
5	1815	Gothe, Patrick	MSC Harsewinkel	00:40.68		00:41.24		01:21.92	20
6	3921	Meimann, Luis	AC Warendorf	00:40.93		00:39.35	2	01:22.28	18
7	2208	Krutsch, Nadja	AMC Ibbenbüren	00:41.62		00:41.65		01:23.27	16
8	1955	Bühren, Jonas	MSC Heeren-Werve	00:43.08		00:40.85		01:23.93	14
9	3924	Niemeyer, Paul	AC Warendorf	00:38.63		00:39.36	6	01:23.99	13
10	3926	Laudon, Maximilian	AC Warendorf	00:41.50		00:41.06	2	01:24.56	12
11	3019	Hovestadt, Joel	AC Oelde	00:41.82		00:40.90	2	01:24.72	11
12	4108	Henkemeier, Hannes	MSC Westerkappeln	00:42.36		00:41.16	2	01:25.52	10
13	3012	Ilgen, Justin	AC Oelde	00:43.62		00:42.42		01:26.04	9
14	2538	Piel, Sofia	AMSC Lüdinghausen	00:44.45		00:42.01		01:26.46	8
15	3018	Rüße, Louis	AC Oelde	00:42.08	4	00:40.81		01:26.89	7
16	831	Lobe, Nico Sebastian	MSC Bork	00:43.64	2	00:41.45		01:27.09	6
17	2515	Nettlenbusch, Anna	AMSC Lüdinghausen	00:43.83	2	00:42.03		01:27.86	5
18	5008	Borghardt, Paul Luca	MSC Holzwickede	00:43.00		00:43.10	2	01:28.10	4
19	2518	Sommer, Yves	AMSC Lüdinghausen	00:43.95		00:44.79		01:28.74	3
20	2506	Lodde, Kevin	AMSC Lüdinghausen	00:44.73		00:44.53		01:29.26	2
21	1835	Schulte-Frankenfeld, Carlo	MSC Harsewinkel	00:41.76		00:43.81	4	01:29.57	1
22	4107	Cord, Marvin	MSC Westerkappeln	00:44.28		00:43.58	2	01:29.86	1
23	3026	Ruddigkeit, Lars	AC Oelde	00:43.27	2	00:41.31	4	01:30.58	1
24	2537	Blass, Normen	AMSC Lüdinghausen	00:44.63	4	00:44.86		01:33.49	1
25	1423	Gross, Julian	MSV Dulmania	00:52.52	2	00:40.55		01:35.07	1
26	855	Dolinar, Lara	MSC Bork	00:46.85		00:48.18	2	01:37.03	1
27	3913	Hartmann, Marco	AC Warendorf	00:42.23	2	00:43.08	10	01:37.31	1
28	828	Küselich, Tim Jonas	MSC Bork	00:50.34		00:47.44		01:37.78	1
29	2507	Barts, Jens	AMSC Lüdinghausen	00:56.83		00:42.60		01:39.43	1
30	3918	Optenhövel, Alina	AC Warendorf	00:40.57		00:41.55	18	01:40.12	1
31	2218	Klostermann, Timo	AMC Ibbenbüren	00:50.04	4	00:43.73	4	01:41.77	1
32	843	Meisner, Daniel	MSC Bork	00:51.15	2	00:46.78	2	01:41.93	1
33	4106	Höptner, Moritz	MSC Westerkappeln	00:56.53	4	00:42.65		01:43.18	1
34	3905	Niebäumer, Karl Otto	AC Warendorf	00:43.59	20	00:39.39	2	01:44.98	1
35	2504	Harlake, Luca	AMSC Lüdinghausen	01:01.71	4	00:43.13		01:48.84	1
36	3920	Rose, Jonathan	AC Warendorf	00:43.02	2	00:45.31	24	01:54.33	1

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
37	871	Basenau, Melina	MSC Bork	00:46.64	24	00:44.15	2	01:56.79	1
38	3923	Kletke, Finn Bennett	AC Warendorf	00:51.41	24	00:40.60	2	01:58.01	1
39	2508	Nettlenbusch, Jan Leon	AMSC Lüdinghausen	00:47.04	10	00:48.18	16	02:01.22	1
40	1420	Alexi, Lena	MSV Dulmania	00:56.97	24	00:42.14	2	02:05.11	1
41	2532	Lütke Brochtrup, Paul	AMSC Lüdinghausen	00:49.49	40	00:44.59	4	02:18.08	1
42	2546	Klatetzki, Melissa	AMSC Lüdinghausen	01:08.12	18	00:54.00	4	02:24.12	1
43	2520	Deeke, Loreen	AMSC Lüdinghausen	01:03.92	22	00:49.62	10	02:25.54	1
44	3020	Eube, Leon-Gabriel	AC Oelde	01:20.58	34	01:02.48	46	03:43.06	1

Zeitnahme: MSC Harsewinkel
 Auswertung: MSC Heeren Werve

Schnellster Lauf: 00:37.87
 (Schlie, Phil - 1 / 1822)