

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1822	Schlie, Phil	MSC Harsewinkel	00:31.49		00:31.33		01:02.82	30
2	3921	Meimann, Luis	AC Warendorf	00:32.77		00:32.29		01:05.06	27
3	3918	Optenhövel, Alina	AC Warendorf	00:32.42		00:32.97		01:05.39	24
4	3948	Strotmann, Jonas	AC Warendorf	00:31.69		00:31.78	2	01:05.47	22
5	3008	Grundkötter, Tobias	AC Oelde	00:33.47		00:32.32		01:05.79	20
6	1813	Block, Jan-Niklas	MSC Harsewinkel	00:32.21	2	00:32.18		01:06.39	18
7	3018	Rüße, Louis	AC Oelde	00:33.11		00:33.30		01:06.41	16
8	3926	Laudon, Maximilian	AC Warendorf	00:33.50		00:33.12		01:06.62	14
9	3012	Ilgen, Justin	AC Oelde	00:33.52		00:33.22		01:06.74	13
10	3924	Niemeyer, Paul	AC Warendorf	00:32.67		00:32.35	2	01:07.02	12
11	1423	Gross, Julian	MSV Dulmania	00:33.69		00:33.43		01:07.12	11
12	4108	Henkemeier, Hannes	MSC Westerkappeln	00:34.57		00:34.30		01:08.87	10
13	831	Lobe, Nico Sebastian	MSC Bork	00:34.23		00:33.66	2	01:09.89	9
14	1955	Bühren, Jonas	MSC Heeren-Werve	00:34.12	2	00:34.46		01:10.58	8
15	3920	Rose, Jonathan	AC Warendorf	00:34.43	2	00:35.13		01:11.56	7
16	3026	Ruddigkeit, Lars	AC Oelde	00:33.99	2	00:35.65		01:11.64	6
17	1420	Alexi, Lena	MSV Dulmania	00:36.03		00:36.10		01:12.13	5
18	2511	Schmidt, Henrik	AMSC Lüdinghausen	00:35.68	2	00:34.78		01:12.46	4
19	2538	Piel, Sofia	AMSC Lüdinghausen	00:36.12	2	00:35.26		01:13.38	3
20	1815	Gothe, Patrick	MSC Harsewinkel	00:35.12	2	00:34.77	2	01:13.89	2
21	2518	Sommer, Yves	AMSC Lüdinghausen	00:37.04		00:36.97		01:14.01	1
22	2508	Nettlenbusch, Jan Leon	AMSC Lüdinghausen	00:34.83		00:37.34	2	01:14.17	1
23	2218	Klostermann, Timo	AMC Ibbenbüren	00:36.27		00:36.34	2	01:14.61	1
24	3919	Herzog, Alexander	AC Warendorf	00:37.36	2	00:35.77		01:15.13	1
25	1835	Schulte-Frankenfeld, Carlo	MSC Harsewinkel	00:35.61	2	00:33.88	4	01:15.49	1
26	2515	Nettlenbusch, Anna	AMSC Lüdinghausen	00:35.35	4	00:35.24	2	01:16.59	1
27	5008	Borghardt, Paul Luca	MSC Holzwickede	00:37.37	2	00:37.72	2	01:19.09	1
28	1408	Seelandt, Nils-Alexander	MSV Dulmania	00:37.52	4	00:36.45	4	01:21.97	1
29	2537	Blass, Normen	AMSC Lüdinghausen	00:34.52		00:42.37	10	01:26.89	1
30	2507	Barts, Jens	AMSC Lüdinghausen	00:35.07	10	00:34.91	10	01:29.98	1
31	843	Meisner, Daniel	MSC Bork	00:38.36	10	00:39.05	4	01:31.41	1
32	2506	Lodde, Kevin	AMSC Lüdinghausen	00:37.32	26	00:37.21		01:40.53	1
33	2203	Bauer, Anja	AMC Ibbenbüren	00:58.95	6	00:38.38	2	01:45.33	1
34	2702	Elferich, Nils	AC Münster	00:58.88	2	00:55.46		01:56.34	1
35	2520	Deeke, Loreen	AMSC Lüdinghausen	00:39.32	12	00:51.88	14	01:57.20	1
36	2707	Elferich, Benedikt	AC Münster	00:43.49	44	00:48.81		02:16.30	1

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
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Zeitnahme: MSC Harsewinkel
Auswertung: MSC Heeren Werve

Schnellster Lauf: 00:31.33
(Schlie, Phil - 1 / 1822)