

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3921	Meimann, Luis	AC Warendorf	00:34.26		00:32.89		<b>01:07.15</b>	30
2	3008	Grundkötter, Tobias	AC Oelde	00:33.61		00:33.77		<b>01:07.38</b>	27
3	1822	Schlie, Phil	MSC Harsewinkel	00:33.89		00:34.16		<b>01:08.05</b>	24
4	1813	Block, Jan-Niklas	MSC Harsewinkel	00:34.25		00:33.86		<b>01:08.11</b>	22
5	3948	Strotmann, Jonas	AC Warendorf	00:35.46		00:33.28		<b>01:08.74</b>	20
6	3926	Laudon, Maximilian	AC Warendorf	00:33.97		00:35.62		<b>01:09.59</b>	18
7	3018	Rüße, Louis	AC Oelde	00:35.62		00:34.19		<b>01:09.81</b>	16
8	4108	Henkemeier, Hannes	MSC Westerkappeln	00:34.27		00:34.10	2	<b>01:10.37</b>	14
9	3924	Niemeyer, Paul	AC Warendorf	00:33.35	2	00:34.37	2	<b>01:11.72</b>	13
10	831	Lobe, Nico Sebastian	MSC Bork	00:34.86	2	00:35.47		<b>01:12.33</b>	12
11	3918	Optenhövel, Alina	AC Warendorf	00:33.04		00:34.22	6	<b>01:13.26</b>	11
12	1423	Gross, Julian	MSV Dulmania	00:34.90		00:36.37	2	<b>01:13.27</b>	10
13	1955	Bühren, Jonas	MSC Heeren-Werve	00:35.78	2	00:35.74		<b>01:13.52</b>	9
14	843	Meisner, Daniel	MSC Bork	00:36.73		00:37.41		<b>01:14.14</b>	8
15	3012	Ilgen, Justin	AC Oelde	00:36.24	4	00:35.01		<b>01:15.25</b>	7
16	871	Basenau, Melina	MSC Bork	00:36.41	4	00:35.69		<b>01:16.10</b>	6
17	2515	Nettlenbusch, Anna	AMSC Lüdinghausen	00:38.51		00:37.65		<b>01:16.16</b>	5
18	2538	Piel, Sofia	AMSC Lüdinghausen	00:37.30		00:38.99	2	<b>01:18.29</b>	4
19	3919	Herzog, Alexander	AC Warendorf	00:36.72		00:40.31	2	<b>01:19.03</b>	3
20	2504	Harlake, Luca	AMSC Lüdinghausen	00:37.85		00:37.36	4	<b>01:19.21</b>	2
21	3920	Rose, Jonathan	AC Warendorf	00:38.35	4	00:36.90		<b>01:19.25</b>	1
22	855	Dolinar, Lara	MSC Bork	00:36.49	2	00:38.77	2	<b>01:19.26</b>	1
23	2508	Nettlenbusch, Jan Leon	AMSC Lüdinghausen	00:37.97	2	00:38.45	2	<b>01:20.42</b>	1
24	828	Küselich, Tim Jonas	MSC Bork	00:39.07		00:37.60	4	<b>01:20.67</b>	1
25	2218	Klostermann, Timo	AMC Ibbenbüren	00:36.49	4	00:38.03	4	<b>01:22.52</b>	1
26	3026	Ruddigkeit, Lars	AC Oelde	00:35.63	4	00:39.99	4	<b>01:23.62</b>	1
27	830	Jarosz, Niko	MSC Bork	00:37.26		00:36.60	10	<b>01:23.86</b>	1
28	1420	Alexi, Lena	MSV Dulmania	00:37.58	8	00:36.63	2	<b>01:24.21</b>	1
29	2532	Lütke Brochtrup, Paul	AMSC Lüdinghausen	00:40.53	2	00:39.86	4	<b>01:26.39</b>	1
30	4107	Cord, Marvin	MSC Westerkappeln	00:39.14		00:40.05	8	<b>01:27.19</b>	1
31	2507	Barts, Jens	AMSC Lüdinghausen	00:36.65	2	00:36.88	18	<b>01:33.53</b>	1
32	2506	Lodde, Kevin	AMSC Lüdinghausen	00:38.73	12	00:38.03	12	<b>01:40.76</b>	1
33	2520	Deeke, Loreen	AMSC Lüdinghausen	00:50.72	4	00:57.19	8	<b>01:59.91</b>	1
34	2546	Klatetzki, Melissa	AMSC Lüdinghausen	00:47.83	12	00:42.30	22	<b>02:04.13</b>	1

Zeitnahme: MSC Bork  
Auswertung: MSC Heeren Werve

Schnellster Lauf: 00:32.89  
(Meimann, Luis - 1 / 3921)