

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1637	Anders, Jan	Hagener AC 05	00:36.37		00:36.78		01:13.15	30
2	1616	Karamitsios, Lukas	Hagener AC 05	00:37.04		00:37.24		01:14.28	27
3	4813	Boss, Leon	MSC Soester Börde	00:35.90	2	00:36.51		01:14.41	24
4	2105	Godde, Tom	MSC Herten	00:36.30	2	00:37.43		01:15.73	22
5	1713	Uphues, Finn	RC Haltern	00:37.07		00:38.96		01:16.03	20
6	2013	Wabe, Jaden	MFC Auf dem Schnee Herd	00:38.12		00:38.29		01:16.41	18
7	4814	Daners, Jan	MSC Soester Börde	00:37.59	2	00:37.30		01:16.89	16
8	1711	Korte, Kevin	RC Haltern	00:38.04		00:38.85		01:16.89	14
9	2125	Jakob, Tim	MSC Herten	00:37.97		00:39.11		01:17.08	13
10	4450	Bergmeier, Leon	MSC Bergstadt Rütten	00:37.79		00:39.54		01:17.33	12
11	4608	Foitzik, Patrick	AMC Hamm	00:39.44		00:38.93		01:18.37	11
12	2006	Grandrath, Joel	MFC Auf dem Schnee Herd	00:39.21		00:39.22		01:18.43	10
13	1608	Sechtin, Tim	Hagener AC 05	00:37.03	2	00:37.74	2	01:18.77	9
14	2010	Tschasche, Rico	MFC Auf dem Schnee Herd	00:38.70		00:38.11	2	01:18.81	8
15	4208	Hülsmann, Pitt	MSC Helle	00:38.68		00:40.56		01:19.24	7
16	4202	Köhler, Tommy	MSC Helle	00:37.69	4	00:38.57		01:20.26	6
17	4025	Krueger, Mats	MSF Warstein	00:38.61		00:38.79	4	01:21.40	5
18	2619	Dec, David	AMSC Marl-Hüls	00:39.04	2	00:40.64		01:21.68	4
19	2603	Sendrowski, Mika	AMSC Marl-Hüls	00:40.55		00:39.51	2	01:22.06	3
20	4204	Hübinger, Benjamin	MSC Helle	00:39.09	4	00:39.36		01:22.45	2
21	5414	Schneider, Frederik	AC Lüdenscheid	00:39.02	4	00:40.05		01:23.07	1
22	3806	Gnotzik, Alexander	AMC Waltrop	00:41.04		00:42.48		01:23.52	1
23	3801	Poppinga, Felix	AMC Waltrop	00:38.99		00:40.99	4	01:23.98	1
24	4206	Tütell, Alexander	MSC Helle	00:38.43	6	00:39.61		01:24.04	1
25	8702	Müller, Tim Lukas	AMC Schwelm	00:37.98	4	00:38.18	4	01:24.16	1
26	4448	Kura, Felix	MSC Bergstadt Rütten	00:42.02		00:42.51	2	01:26.53	1
27	4210	Julitz, Merlin	MSC Helle	00:40.02		00:41.11	6	01:27.13	1
28	4020	Gembel, Alexandr	MSF Warstein	00:42.02	2	00:42.75	2	01:28.77	1
29	8706	Glow, Jordan	AMC Schwelm	00:39.90	4	00:39.55	6	01:29.45	1
30	5411	Aurisch, Timo	AC Lüdenscheid	00:44.92		00:42.89	2	01:29.81	1
31	3811	Scheer, Marius	AMC Waltrop	00:48.93		00:44.42		01:33.35	1
32	5407	Schwellnus, Kim Carolin	AC Lüdenscheid	00:51.33	2	00:48.55	2	01:43.88	1
33	709	Mann, Demian Christopher	MSC Ruhr-Blitz Bochum	00:43.18	22	00:40.62	2	01:47.80	1
34	4005	Ikkert, Jan	MSF Warstein	00:38.75	28	00:38.32	14	01:59.07	1

Zeitnahme:
Auswertung: Franke

Schnellster Lauf: 00:36.37
(Anders, Jan - 1 / 1637)