

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2105	Godde, Tom	MSC Herten	00:40.39		00:40.43		01:20.82	30
2	4450	Bergmeier, Leon	MSC Bergstadt R�then	00:40.33		00:40.86		01:21.19	27
3	1637	Anders, Jan	Hagener AC 05	00:40.69		00:40.93		01:21.62	24
4	1713	Uphues, Finn	RC Haltern	00:41.07		00:41.09		01:22.16	22
5	1608	Sechtin, Tim	Hagener AC 05	00:42.00		00:41.78		01:23.78	20
6	4814	Daners, Jan	MSC Soester B�rde	00:41.96		00:41.86		01:23.82	18
7	4813	Boss, Leon	MSC Soester B�rde	00:41.82	2	00:40.68		01:24.50	16
8	1716	Rehwald, Simon	RC Haltern	00:41.54	2	00:41.43		01:24.97	14
9	4206	T�tell, Alexander	MSC Helle	00:42.61		00:42.46		01:25.07	13
10	2013	Wabe, Jaden	MFC Auf dem Schnee Herd	00:40.97	2	00:42.12		01:25.09	12
11	8702	M�ller, Tim Lukas	AMC Schwelm	00:43.14		00:42.23		01:25.37	11
12	2010	Tschasche, Rico	MFC Auf dem Schnee Herd	00:42.15		00:43.41		01:25.56	10
13	1711	Korte, Kevin	RC Haltern	00:43.96		00:42.80		01:26.76	9
14	4204	H�binger, Benjamin	MSC Helle	00:41.90	2	00:41.06	2	01:26.96	8
15	2006	Grandrath, Joel	MFC Auf dem Schnee Herd	00:43.33		00:42.77	2	01:28.10	7
16	1616	Karamitsios, Lukas	Hagener AC 05	00:41.74		00:42.88	4	01:28.62	6
17	4208	H�lsmann, Pitt	MSC Helle	00:44.62		00:44.28		01:28.90	5
18	709	Mann, Demian Christopher	MSC Ruhr-Blitz Bochum	00:44.67		00:44.52		01:29.19	4
19	5411	Aurisch, Timo	AC L�denscheid	00:44.94		00:44.71		01:29.65	3
20	4202	K�hler, Tommy	MSC Helle	00:45.37	2	00:43.84		01:31.21	2
21	8706	Glow, Jordan	AMC Schwelm	00:43.90	4	00:44.89		01:32.79	1
22	5414	Schneider, Frederik	AC L�denscheid	00:46.76	2	00:46.53		01:35.29	1
23	4005	Ikkert, Jan	MSF Warstein	00:42.67	10	00:42.94	2	01:37.61	1
24	3801	Poppinga, Felix	AMC Waltrop	00:47.04	2	00:48.86	2	01:39.90	1
25	4448	Kura, Felix	MSC Bergstadt R�then	00:42.69	12	00:43.95	2	01:40.64	1
26	5407	Schwellnus, Kim Carolin	AC L�denscheid	00:50.40	4	00:46.15	2	01:42.55	1
27	4025	Krueger, Mats	MSF Warstein	00:47.58	6	00:50.18		01:43.76	1
28	4020	Gembel, Alexandr	MSF Warstein	00:54.33	6	00:45.76		01:46.09	1
29	4608	Foitzik, Patrick	AMC Hamm	00:47.66	2	00:46.57	12	01:48.23	1
30	3811	Scheer, Marius	AMC Waltrop	00:51.29	4	00:51.79	6	01:53.08	1
31	4210	Julitz, Merlin	MSC Helle	00:45.04	30	00:45.22		02:00.26	1
32	4435	Conredel, Simon	MSC Bergstadt R�then	00:44.39	2	01:20.23	10	02:16.62	1

Zeitnahme: Beate Enthof
Auswertung: Lena Bause

Schnellster Lauf: 00:40.33
(Bergmeier, Leon - 2 / 4450)