



Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1637	Anders, Jan	Hagener AC 05	00:35.93		00:35.96		01:11.89	30
2	2013	Wabe, Jaden	MFC Auf dem Schnee Herd	00:36.36		00:35.95		01:12.31	27
3	1616	Karamitsios, Lukas	Hagener AC 05	00:36.52		00:36.06		01:12.58	24
4	2010	Tschasche, Rico	MFC Auf dem Schnee Herd	00:37.02		00:36.10		01:13.12	22
5	4814	Daners, Jan	MSC Soester Börde	00:36.68		00:37.10		01:13.78	20
6	2006	Grandrath, Joel	MFC Auf dem Schnee Herd	00:35.60	2	00:36.82		01:14.42	18
7	2105	Godde, Tom	MSC Herten	00:36.68	2	00:35.83		01:14.51	16
8	2125	Jakob, Tim	MSC Herten	00:36.47		00:38.11		01:14.58	14
9	1608	Sechtin, Tim	Hagener AC 05	00:37.24		00:38.05		01:15.29	13
10	1711	Korte, Kevin	RC Haltern	00:39.19		00:37.61		01:16.80	12
11	4204	Hübinger, Benjamin	MSC Helle	00:38.52		00:38.48		01:17.00	11
12	4450	Bergmeier, Leon	MSC Bergstadt Rütten	00:37.93		00:39.03	2	01:18.96	10
13	8702	Müller, Tim Lukas	AMC Schwelm	00:37.97		00:37.90	4	01:19.87	9
14	709	Mann, Demian Christopher	MSC Ruhr-Blitz Bochum	00:40.22		00:39.98		01:20.20	8
15	4206	Tütell, Alexander	MSC Helle	00:39.50	2	00:39.12	2	01:22.62	7
16	1713	Uphues, Finn	RC Haltern	00:44.87	2	00:37.42		01:24.29	6
17	4208	Hülsmann, Pitt	MSC Helle	00:41.58	4	00:40.84		01:26.42	5
18	2619	Dec, David	AMSC Marl-Hüls	00:38.45	2	00:38.02	8	01:26.47	4
19	4025	Krueger, Mats	MSF Warstein	00:40.62	2	00:40.23	4	01:26.85	3
20	5414	Schneider, Frederik	AC Lüdenscheid	00:43.75	2	00:40.27	2	01:28.02	2
21	1716	Rehwald, Simon	RC Haltern	00:37.09		00:40.37	12	01:29.46	1
22	4202	Köhler, Tommy	MSC Helle	00:41.57	2	00:42.76	4	01:30.33	1
23	2603	Sendrowski, Mika	AMSC Marl-Hüls	00:39.23		00:41.53	10	01:30.76	1
24	4210	Julitz, Merlin	MSC Helle	00:43.56		00:45.55	2	01:31.11	1
25	4813	Boss, Leon	MSC Soester Börde	00:34.94	12	00:37.00	8	01:31.94	1
26	8713	Kissing, Sebastian	AMC Schwelm	00:37.89	12	00:39.14	6	01:35.03	1
27	8706	Glow, Jordan	AMC Schwelm	00:39.77	2	00:47.36	6	01:35.13	1
28	3801	Poppinga, Felix	AMC Waltrop	00:42.39	6	00:42.27	6	01:36.66	1
29	3811	Scheer, Marius	AMC Waltrop	00:48.17		00:47.06	4	01:39.23	1
30	4005	Ikkert, Jan	MSF Warstein	00:33.60	28	00:40.54	4	01:46.14	1
31	5407	Schwellnus, Kim Carolin	AC Lüdenscheid	00:44.80	8	00:54.68	2	01:49.48	1
32	5411	Aurisch, Timo	AC Lüdenscheid	00:58.91	2	00:45.65	10	01:56.56	1
33	4435	Conredel, Simon	MSC Bergstadt Rütten	00:45.41	24	00:43.56	4	01:56.97	1

Zeitnahme: J. Heinz
Auswertung: A. Jeuschede

Schnellster Lauf: 00:35.83
(Godde, Tom - 7 / 2105)