

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1637	Anders, Jan	Hagener AC 05	00:42.03		00:42.44		<b>01:24.47</b>	30
2	1616	Karamitsios, Lukas	Hagener AC 05	00:42.09		00:42.47		<b>01:24.56</b>	27
3	1608	Sechtin, Tim	Hagener AC 05	00:42.57		00:42.88		<b>01:25.45</b>	24
4	2125	Jakob, Tim	MSC Herten	00:43.14		00:42.87		<b>01:26.01</b>	22
5	4814	Daners, Jan	MSC Soester Börde	00:42.77		00:43.28		<b>01:26.05</b>	20
6	1716	Rehwald, Simon	RC Haltern	00:43.03		00:43.92		<b>01:26.95</b>	18
7	2013	Wabe, Jaden	MFC Auf dem Schnee Herd	00:43.87		00:43.76		<b>01:27.63</b>	16
8	1713	Uphues, Finn	RC Haltern	00:43.17	2	00:43.16		<b>01:28.33</b>	14
9	4813	Boss, Leon	MSC Soester Börde	00:42.20	2	00:42.22	2	<b>01:28.42</b>	13
10	4206	Tütell, Alexander	MSC Helle	00:44.38		00:44.51		<b>01:28.89</b>	12
11	2010	Tschasche, Rico	MFC Auf dem Schnee Herd	00:45.51		00:44.77		<b>01:30.28</b>	11
12	2105	Godde, Tom	MSC Herten	00:42.06	4	00:42.30	2	<b>01:30.36</b>	10
13	4450	Bergmeier, Leon	MSC Bergstadt Rütten	00:45.93		00:45.48		<b>01:31.41</b>	9
14	3801	Poppinga, Felix	AMC Waltrop	00:46.12		00:45.66		<b>01:31.78</b>	8
15	2603	Sendrowski, Mika	AMSC Marl-Hüls	00:44.84	2	00:45.17		<b>01:32.01</b>	7
16	4204	Hübinger, Benjamin	MSC Helle	00:44.90	2	00:45.14		<b>01:32.04</b>	6
17	2006	Grandrath, Joel	MFC Auf dem Schnee Herd	00:45.33		00:45.50	2	<b>01:32.83</b>	5
18	4208	Hülsmann, Pitt	MSC Helle	00:47.33		00:45.64		<b>01:32.97</b>	4
19	8702	Müller, Tim Lukas	AMC Schwelm	00:44.63		00:44.37	4	<b>01:33.00</b>	3
20	709	Mann, Demian Christopher	MSC Ruhr-Blitz Bochum	00:46.10		00:45.61	2	<b>01:33.71</b>	2
21	4005	Ikkert, Jan	MSF Warstein	00:44.33	2	00:45.46	2	<b>01:33.79</b>	1
22	4202	Köhler, Tommy	MSC Helle	00:47.68		00:46.68		<b>01:34.36</b>	1
23	4448	Kura, Felix	MSC Bergstadt Rütten	00:47.88		00:47.03		<b>01:34.91</b>	1
24	8706	Glow, Jordan	AMC Schwelm	00:45.58	4	00:46.41		<b>01:35.99</b>	1
25	4210	Julitz, Merlin	MSC Helle	00:48.90		00:48.59		<b>01:37.49</b>	1
26	8708	Limpert, Max	AMC Schwelm	00:49.38	2	00:48.48		<b>01:39.86</b>	1
27	5414	Schneider, Frederik	AC Lüdenscheid	00:50.85	2	00:47.29		<b>01:40.14</b>	1
28	1711	Korte, Kevin	RC Haltern	00:46.86	10	00:44.37		<b>01:41.23</b>	1
29	5411	Aurisch, Timo	AC Lüdenscheid	00:49.19	2	00:50.57		<b>01:41.76</b>	1
30	3811	Scheer, Marius	AMC Waltrop	00:53.03	2	00:50.44		<b>01:45.47</b>	1
31	4020	Gembel, Alexandr	MSF Warstein	00:51.25	8	00:48.17		<b>01:47.42</b>	1
32	5407	Schwellnus, Kim Carolin	AC Lüdenscheid	00:49.28	14	00:48.36		<b>01:51.64</b>	1
33	8713	Kissing, Sebastian	AMC Schwelm	00:45.08	20	00:47.35	2	<b>01:54.43</b>	1
34	3806	Gnotzik, Alexander	AMC Waltrop	00:51.79	12	00:48.59	14	<b>02:06.38</b>	1

Zeitnahme: Thomas Schäfer  
Auswertung: Nicole Schäfer

Schnellster Lauf: 00:42.03  
(Anders, Jan - 1 / 1637)