

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1616	Karamitsios, Lukas	Hagener AC 05	00:40.28		00:40.14		01:20.42	30
2	4813	Boss, Leon	MSC Soester Börde	00:41.62		00:40.11		01:21.73	27
3	1637	Anders, Jan	Hagener AC 05	00:40.37	2	00:39.56		01:21.93	24
4	4814	Daners, Jan	MSC Soester Börde	00:41.15		00:41.26		01:22.41	22
5	2125	Jakob, Tim	MSC Herten	00:41.68		00:41.21		01:22.89	20
6	2105	Godde, Tom	MSC Herten	00:40.48		00:40.64	2	01:23.12	18
7	1608	Sechtin, Tim	Hagener AC 05	00:40.76		00:40.90	2	01:23.66	16
8	1713	Uphues, Finn	RC Haltern	00:41.78		00:40.60	2	01:24.38	14
9	1711	Korte, Kevin	RC Haltern	00:42.35		00:42.15		01:24.50	13
10	4005	Ikkert, Jan	MSF Warstein	00:41.70		00:41.45	2	01:25.15	12
11	8702	Müller, Tim Lukas	AMC Schwelm	00:42.57		00:42.85		01:25.42	11
12	2010	Tschasche, Rico	MFC Auf dem Schnee Herd	00:42.06		00:42.36	2	01:26.42	10
13	2619	Dec, David	AMSC Marl-Hüls	00:42.62	2	00:42.10		01:26.72	9
14	2603	Sendrowski, Mika	AMSC Marl-Hüls	00:40.79	4	00:40.37	2	01:27.16	8
15	4206	Tütell, Alexander	MSC Helle	00:43.45		00:43.87		01:27.32	7
16	4204	Hübinger, Benjamin	MSC Helle	00:43.06		00:42.43	2	01:27.49	6
17	4450	Bergmeier, Leon	MSC Bergstadt Rüthen	00:42.34	2	00:43.26		01:27.60	5
18	8706	Glow, Jordan	AMC Schwelm	00:43.87		00:43.96		01:27.83	4
19	5407	Schwellnus, Kim Carolin	AC Lüdenscheid	00:43.76		00:44.79		01:28.55	3
20	709	Mann, Demian Christopher	MSC Ruhr-Blitz Bochum	00:43.89		00:44.89		01:28.78	2
21	4448	Kura, Felix	MSC Bergstadt Rüthen	00:44.42		00:44.53		01:28.95	1
22	1716	Rehwald, Simon	RC Haltern	00:40.78	2	00:42.92	6	01:31.70	1
23	2013	Wabe, Jaden	MFC Auf dem Schnee Herd	00:42.04	10	00:41.04		01:33.08	1
24	4210	Julitz, Merlin	MSC Helle	00:45.85		00:45.34	2	01:33.19	1
25	5414	Schneider, Frederik	AC Lüdenscheid	00:43.37	8	00:42.15	4	01:37.52	1
26	4202	Köhler, Tommy	MSC Helle	00:44.11		00:44.26	10	01:38.37	1
27	8713	Kissing, Sebastian	AMC Schwelm	00:43.76		00:44.23	12	01:39.99	1
28	4025	Krueger, Mats	MSF Warstein	00:45.81	6	00:44.93	4	01:40.74	1

Zeitnahme: Roland Rode
Auswertung: Kerstin Franke

Schnellster Lauf: 00:39.56
(Anders, Jan - 3 / 1637)