

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|-----------------------|-------------------------|----------|-----|----------|-----|-----------------|-----|
| 1 | 4426 | Schnitger, Nico | MSC Bergstadt Rüthen | 00:38.71 | | 00:39.37 | | 01:18.08 | 30 |
| 2 | 4439 | Sossna, Lennard | MSC Bergstadt Rüthen | 00:39.86 | | 00:39.41 | | 01:19.27 | 27 |
| 3 | 2015 | Tschasche, Mick | MFC Auf dem Schnee Herd | 00:40.52 | | 00:40.65 | | 01:21.17 | 24 |
| 4 | 1721 | Fortmann, Joan | RC Haltern | 00:40.55 | | 00:41.18 | | 01:21.73 | 22 |
| 5 | 4808 | Boss, Tilo | MSC Soester Börde | 00:40.69 | 2 | 00:39.40 | | 01:22.09 | 20 |
| 6 | 2107 | Warich, Marlon | MSC Herten | 00:41.03 | | 00:41.08 | | 01:22.11 | 18 |
| 7 | 4613 | Harder, Daven | AMC Hamm | 00:41.36 | | 00:41.51 | | 01:22.87 | 16 |
| 8 | 1604 | Klein, Malon | Hagener AC 05 | 00:40.32 | 2 | 00:40.58 | | 01:22.90 | 14 |
| 9 | 5410 | Bohmann, Yannik-Louis | AC Lüdenscheid | 00:40.43 | 2 | 00:40.92 | | 01:23.35 | 13 |
| 10 | 1720 | Streitberg, Norick | RC Haltern | 00:41.23 | | 00:42.18 | 2 | 01:25.41 | 12 |
| 11 | 4007 | Schlegel, Brendan | MSF Warstein | 00:43.01 | | 00:42.93 | | 01:25.94 | 11 |
| 12 | 2001 | Köhler, Robin | MFC Auf dem Schnee Herd | 00:41.87 | | 00:42.21 | 2 | 01:26.08 | 10 |
| 13 | 4018 | Hofmann, Nick | MSF Warstein | 00:43.67 | | 00:42.77 | | 01:26.44 | 9 |
| 14 | 4402 | Picht, Lucas | MSC Bergstadt Rüthen | 00:41.08 | | 00:42.23 | 4 | 01:27.31 | 8 |
| 15 | 2110 | Leibnitz, Jan | MSC Herten | 00:41.14 | 2 | 00:42.59 | 2 | 01:27.73 | 7 |
| 16 | 1709 | Szydelko, Maximilian | RC Haltern | 00:41.88 | 2 | 00:42.31 | 2 | 01:28.19 | 6 |
| 17 | 4412 | Linnhoff, Nele | MSC Bergstadt Rüthen | 00:44.49 | | 00:43.91 | | 01:28.40 | 5 |
| 18 | 4009 | Dettmer, Michelle | MSF Warstein | 00:43.18 | 2 | 00:42.09 | 2 | 01:29.27 | 4 |
| 19 | 1722 | Harpering, Luca | RC Haltern | 00:42.41 | 6 | 00:41.21 | | 01:29.62 | 3 |
| 20 | 3814 | Kuhn, Marvin | AMC Waltrop | 00:45.10 | | 00:45.31 | | 01:30.41 | 2 |
| 21 | 2021 | Poppinga, Moritz | MFC Auf dem Schnee Herd | 00:42.13 | 2 | 00:41.83 | 6 | 01:31.96 | 1 |
| 22 | 3812 | Babel, Julian | AMC Waltrop | 00:47.01 | 4 | 00:45.50 | 8 | 01:44.51 | 1 |
| 23 | 3804 | Ulus, Enis | AMC Waltrop | 00:45.39 | 4 | 00:44.90 | 16 | 01:50.29 | 1 |
| 24 | 4208 | Gasparini, Xavio | MSC Helle | 00:49.14 | 4 | 01:05.51 | 20 | 02:18.65 | 1 |

Zeitnahme: Beate Enthof
Auswertung: Beatee Enthof

Schnellster Lauf: 00:38.71
(Schnitger, Nico - 1 / 4426)